



FREE EVENT FOR THE COMMUNITY

UNDERSTANDING SUBSTANCE USE DISORDER AND RESOURCES FOR SUPPORT

JOIN US for this FREE event

NO REGISTRATION REQUIRED QUESTIONS?

**Jonessa Wisniewski - Jwisniewski@mnpra.org
Warsame Shirwa - Warsame.shirwa@ci.stpaul.mn.us 612-434-0405**

The event will educate community members on:

- Substance Use Disorder
- How to recognize specific behaviors related to substance use and mental health
- Current drug trends
- Addressing stigmas regarding substance use in the community
- What to expect if you or a loved one needs to go to treatment
- How to access resources for substance use

DAY JUNE 8	TIME 6 TO 7:30PM	2192 Londin Ln E, St Paul, MN 55119
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KULAN AQOON KORORSI OO BILAASH AH

**FAHANKA - ISTICMAALKA MAANDORIYAYAASHA,
DHIBATADEEDA MASKAXDA IYO JIROOYIN KEEDABA IYO
WALIBA SIDA LAGU HELO ADDEEGA LOO GA BAXO.**

nagu soo biir xafladan bilaash ka ah!

Loo ma baahna is diiwaan galin Wixii sua'al ah?

Jonessa Wisniewski - Jwisniewski@mnpra.org

Warsame Shirwa - Warsame.shirwa@ci.stpaul.mn.us - 612 434 0405

Kulan kani waxuu wax ka barayaa bulshada qodoba hoos ku xusan

- Isticmaalka maantoriyaha iyo dhibaatooyinka ka dhasha
- Sida loo fahmo ama loo garto dabeecada ama dhaqanka isticmaalaha maantoriyayaasha iyo waliba dhimirka ay keento.
- Mukhaadaraadka hada socda.
- Ka hadalka takoorka iyo fogaynta isticmalayaasha mukhadaraadka.
- Waxa la filan karo haddii aad dhibtan qabto ama qof qoys kaaga ahi qabo.
- Sida lagu helo addeegyo looga baxo dhibta isticmaalka maantoriyayaasha.

DAY	TIME	
JUNE 8	6:00 ILAA 7:30 FIIDNIMO	2192 Londin Ln E, St Paul, MN 55119